GREEN= GO Foods. Eat Anytime, Very Health=Low bad Fat & high in fiber and nutrients

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SERVE DATES	Ages	1-2	3-5	Ages	1-2	3-5	Aį	ges	1-2 & 3-5	
DATES	ONE SERVING EACH		+	ONE SERVING					TWO OF FOUR	
				EACH					ONLY	
	GRAIN/BREAD	1/2	1/2	MEAT/MEAT	1	11/2	GRAIN	/BREAD	½ slice	
		Slice	Slice	ALTERNATIVE	Oz	Oz				
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz		/MEAT	½ oz	
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz		NATIVE SURT	2 oz	
	7,1121		1 0 0 2	FRUIT/VEGETABLE	1 oz	2 oz		EGETABLE	½ cup	
				GRAIN/BREAD	1/2	1/2			·	
					slice	slice				
		DDEAKEACT		MILK	4 oz	6 oz	M	ILK	4 oz	
		BREAKFAST		L	UNCH				SNACK	
	MONDAY	0.11		_						
		Grits			urritos					
	10/24	Scrambled Eggs			os/Che					
	10/24	Apricots			ge Slic	ces		"	Applesauce	
		Milk			Rice				Cake	
		Allergy: No eggs: T. Sau	200		Milk					
		Allergy, No eggs. 1. Jau.	sage					Allergy: Breakfast Bar		
				Allergy: Chicke	n wra	o/No (	Cheese			
	TUESDAY	Scar 602								
		T. Sausage		Veget		( - C				
	10/25	Biscuit		Chee						
	10/25	Fruit Cocktail Milk		Cra	ackers				Banana	
		IVIIIK		10.70	le Slic	es				
		Allergy: Toast		Ĩ	Milk					
		Allergy, roast		Allergy:	No Ch	ieese				
	WEDNESDAY									
				F	Pizza					
		Applesauce		(	Corn				Gold	
	10/26	Cinn. Toast		S	alad				Fish	
		Milk			Milk					
		Allergy: Gluten Toas	t	Allergy: 0	Gluten	Bread		Allei	rgy: His Snack	
	THURSDAY									
		Sunrise Muffin		Bee	ef Stev	V				
	10/07	T. Bacon			nbrea				Chex	
	10/27	Milk		Tropi	ical Fr	uit			Mix	
				1	Vilk					
		Allergy: Breakfast B	ar	Allergy:	Glute		Alle	rgy: His Snack		
	FRIDAY									
			Hot Ham/Cheese							
	10/00	Sausage/Egg/Chees	e	Potato Wedges						
	10/28	Wrap			rapes				Cheez-Its	
		Pears		Ī	Milk					
		Milk								
		*II Ic:		Allergy:	No Ch	eese		Aller	gy: His Snack	
		Allergy: No Egg/Chee	ese							

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SERVE	Ages	1-2	3-5	Ages	1-2	3-5	Ag	ges	1-2 & 3-5
DATES									
	ONE SERVING EACH			ONE SERVING					TWO OF FOUR ONLY
				EACH					
	GRAIN/BREAD	1/2	1/2	MEAT/MEAT	1	11/2	GRAIN	/BREAD	½ slice
		Slice	Slice	ALTERNATIVE	Oz	Oz			
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz		/MEAT	½ oz
	NAUL IZ	107	6.07	EDITE A CECETA DI E	4	2		NATIVE	2
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE FRUIT/VEGETABLE	1 oz 1 oz	2 oz 2 oz		GURT EGETABLE	2 oz ½ cup
				GRAIN/BREAD	1/2	1/2	11(011) VI	OLIABLE	72 cup
				0, 2	slice	slice			
				MILK	4 oz	6 oz	М	ILK	4 oz
		BREAKFAST	•	L	UNCH				SNACK
	MONDAY							-	
		Ham/Cheese		Pork	n Bea	ns			
		Hot Pocket		Potat	o Wed	ges			Scooby
	10/31	Mixed Fruit		Asia	an Peai	rs			Snack
		Milk			Milk				Applesauce
		Allergy: Gluten Toast/Appl	esuce						
	TUESDAY								
		Apple/Cinn			aghetti	i			
		Muffin			Salad				Nutty
	11/1	Pears			Corn				Bar
		Milk		000000000	lic Brea	ıd			
		All 61 . 5 . 1/1		Milk				Allergy: His Snack	
	WEDNIECDAY	Allergy: Gluten Bagel/Je	elly	Aleergy;	Gluter	loast			
1	WEDNESDAY	Vacuut/Baudaa		Chialan		- d:11-			
		Yogurt/Berries Parfait		Chicker	i Quesa ish Rid				
	11/2	Granola			iisii kii Salsa	Je			Oatmeal
	11/2	Milk			eapple				Pie
		Allergy; Almond			Milk	•			Allergy: His Snack
		Yogurt/Cheerios		Allergy;		eese			Aller By This Shack
	THURSDAY	. 5031 47 511551103		7 81)					
	· · · · · · · · · · · · · · · · · · ·	French Toast		Corndo	og Nug	gets			
		SF Syrup			d Vegg				Ambrosia
	11/3	T. Sausage		Sweet F					Salad
		Milk			Milk				
									Allergy: Pineapple
		Allergy:		Allerg	y: Hoto	gob			
	FRIDAY								
					ito Pie				
	Breakfast Piz				Chili				Fig
	11/4	Pears		Lettuce/To			9		Newton
	Milk Fruit Cocktail								
					Milk				
Approve		Allergy: Gluten Bread Piz	zza	Allergy:	No Ch	eese			Allergy: His Snack

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SERVE DATES	Ages	1-2	3-5	Ages	1-2	3-5	Aį	ges	1-2 & 3-5			
01	NE SERVING EACH			ONE SERVING EACH					TWO OF FOUR ONLY			
	GRAIN/BREAD	½ Slice	½ Slice	MEAT/MEAT ALTERNATIVE	1 Oz	11/2 Oz	GRAIN	/BREAD	½ slice			
FRI	UTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz		/MEAT NATIVE	½ oz			
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz	YOG	URT	2 oz			
				FRUIT/VEGETABLE	1 oz	2 oz	FRUIT/VI	GETABLE	½ cup			
				GRAIN/BREAD	½ slice	½ slice						
				MILK	4 oz	6 oz	М	ILK	4 oz			
		BREAKFAST		L	UNCH				SNACK			
MC	ONDAY											
	000000000000000000000000000000000000000	Diced Potatoes		Chicken	n Dum	plings						
		Gravy		Steam					Teddy			
1	11/7	Mixed Fruit			rapes				Grahams			
		Milk			Milk							
		Aleergy: No Gravy		Allergy: C	hicken	/Broth			Allergy: His Snack			
TUE	ESDAY											
				Hamb	urger/	Bun						
		<b>Boiled Egg</b>		Lettuce/To	mato/	Cheese	2		Chex			
1	.1/8	PB+J Sandwich		Ī	Fries				Mix			
		Milk		Pinear	ople Ri	ngs						
					Milk							
				Allergy: Gluten Bread					Allergy: His Snack			
WEDI	NESDAY											
		Blueberry Bagel		BBQ S	Sandwi	ich						
		<b>Cream Cheese</b>	Bake	d Bear	าร			Rice				
1	.1/9	T. Bacon		Pick	le/Slav	v			Cake			
		Milk			Lays							
					, Milk							
		Allergy: Jelly		Allergy: Glut		I/No Sla	aw		Allergy: His Snack			
THU	RSDAY	J, ,		<b></b>		-			<u> </u>			
	DUBBLOOK S. 9555	Pancake/T. Sausage		Tac	o Soup	,						
		Wrap			ieese							
11	1/10	SF Syrup			ackers				Pretzel			
	-,	Blueberries			ge Slic	20			Bites			
		Milk			ge siici Milk	-3			Dites			
Votoron'	/eteran's Breakfast											
veteran	י מובפווופצו	Allergy: Bagel/Jelly Allergy: No Cheese/Crackers							Allowayu His Connell			
	Allergy: Bagel/Jelly FRIDAY				neese	/ сгаске	:15		Allergy: His Snack			
FKI	IDAY											
11	11/11 Closed				osed				Closed			
Approved By:												

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SERVE	Ages	1-2	3-5	Ages	1-2	3-5	Ages	s 1-2 & 3-5	
DATES									
	ONE SERVING EACH			ONE SERVING				TWO OF FOUR ONLY	
				EACH					
	GRAIN/BREAD	1/2	1/2	MEAT/MEAT	1	11/2	GRAIN/BREAD	½ slice	
	EDUTI A JECETA DI E JULIOS	Slice	Slice	ALTERNATIVE	Oz	Oz	D 45 4 7 / D 45 4 7	1/	
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz	MEAT/MEAT ALTERNATIVE	½ oz	
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz	YOGURT	2 oz	
				FRUIT/VEGETABLE	1 oz	2 oz	FRUIT/VEGETABLE	½ cup	
				GRAIN/BREAD	1/2	1/2			
				MILK	slice 4 oz	slice 6 oz	MILK	4 oz	
		BREAKFAST			UNCH	0 02	IVIIEK	SNACK	
	MONDAY								
		Grits		Me	atball	5			
		T. Sausage		Mashe	d Pota	toes		Pudding	
	11/14	Peaches		Sugar	Snap P	eas		Cup	
		Milk			Roll				
				le .	Milk				
	THESPAY			Allergy	: No G	ravy		Allergy: His Snack	
	TUESDAY			Chicke	en Alfre	ada.			
		Cinn. Roll			occoli	euo			
	11/15	T. Bacon		10,000	wberri	es		Cheez-Its	
	,	Milk			Milk				
		Allergy: Breakfast Bar		Allergy	: No Sa	auce		Allergy: His Snack	
1	WEDNESDAY								
		Cereal			urkey				
	11/16	Banana Milk		Mashed Po				Dumalia	
	11/10	IVIIIK		Stuffing/Cr	n Bear	-	e	Pumpkin Pie	
		Allergy: Almond/Lactaid N	∕lilk		Roll	13		ric	
				Allergy: Glute		/No Gra	avy		
					Stuffin		,	Allergy: His Snack	
	THURSDAY								
				Chicke					
		Biscuit			) Wed				
	11/17	Applesauce			d Apple	es		Honeybun	
		Milk		Milk					
GS: Th	anksgiving Lunch	Allergy: Gluten Toast		Allergy: Chicken				Allergy: His Snack	
JJ. 11	FRIDAY	, 517 Glateli 10d3t		Allergy. C					
		French Toast Stix		Baked Fish					
		SF Syrup	SF Syrup Steamed Carrots						
	11/18	Applesauce			n Chee	se		Go Gurt	
		Milk			Roll				
					Milk				
		Allergy: Bagel		Allergy:	No Ch	eese	9	Allergy: Silk Yogurt	

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SERVE DATES	Ages	1-2	3-5	Ages	1-2	3-5	Ag	ges	rs 1-2 & 3-5	
	ONE SERVING EACH			ONE SERVING					TWO OF FOUR ONLY	
				EACH						
	GRAIN/BREAD	1/2	1/2	MEAT/MEAT	1	11/2	GRAIN	/BREAD	½ slice	
		Slice	Slice	ALTERNATIVE	Oz	Oz	, , , , , , , , , , , , , , , , , , ,		ENV WARAGE	
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz		/MEAT NATIVE	½ oz	
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz		GURT	2 oz	
				FRUIT/VEGETABLE	1 oz	2 oz		EGETABLE	½ cup	
				GRAIN/BREAD	½ slice	½ slice				
				MILK	4 oz	6 oz	М	ILK	4 oz	
	,	BREAKFAST		L	UNCH				SNACK	
	MONDAY									
		Cream of Wheat		Hambı	urger S	teak				
		Peaches		Mashe					РВ	
	11/21	T. Bacon			Peas				Toast	
		Milk			Roll					
								Allergy: Jelly		
		Allergy: Oatmeal		Allergy	: No G	ravv			<b>3</b> ,,	
	TUESDAY	<u> </u>	-	0,						
	30 450000000000 0000	Waffles		Chicke	n Nug	ets				
		Strawberries		Chicken Nuggets Tator Tots Pizza Blueberries Stick					Pizza	
	11/22	SF Syrup							Stick	
	•	Milk			Milk					
								Allergy: Gluten Bread/No Chees		
		Allergy: Gluten Bagel						0,	5 V S Co. • U N. SSSSSSS TORONS	
1	WEDNESDAY									
	11/23	HOLIDAY		THAN	KSGIV	NG		BREAK		
	THURSDAY									
	44/04									
	11/24	HOLIDAY		THANKSGIVING				BREAK		
	FRIDAY									
	11/25	HOLIDAY		THANI	KSGIVI	NG		BREAK		

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SERVE DATES	Ages	1-2	3-5	Ages	1-2	3-5	Ages	s	1-2 & 3-5	
	ONE SERVING EACH			ONE SERVING EACH					TWO OF FOUR ONLY	
	GRAIN/BREAD	½ Slice	½ Slice	MEAT/MEAT ALTERNATIVE	1 Oz	11/2 Oz	GRAIN/BF	READ	½ slice	
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz	MEAT/M ALTERNA		½ oz	
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz	YOGUF	RT	2 oz	
				FRUIT/VEGETABLE	1 oz	2 oz	FRUIT/VEGE	ETABLE	½ cup	
				GRAIN/BREAD	½ slice	½ slice				
				MILK	4 oz	6 oz	MILK	(	4 oz	
		BREAKFAST		L	UNCH				SNACK	
	MONDAY	Smoked Sausage Biscuit Tropical Fruit Milk		Potat Pinea	ppy Joe Pickle o Wed pple Ri Milk	ges			Fruit Snack	
		Allergy: Gluten Bread		Allergy:		n Bun				
	TUESDAY									
		Gravy		Pizz	a Pasta	а				
		Toast		(	Corn				Chex	
	11/29	Apricots		S	alad				Mix	
		Milk		j	Milk					
		•11						Allergy: His Snack		
	WEDNESDAY	Allergy: Jelly		Allergy:	No Ch	eese				
'	WEDNESDAT			Chick	en n Ri	ico				
		Blueberry Muffin			i Blend				Rice	
	11/30	T. Bacon			vberrie				Krispie	
	11/30	Milk			Milk	-3			Кизріс	
		Willia			VIIIX			,	Allergy: His Snack	
		Allergy: Breakfast Bar		Allergy: No C	ream (	Of Chick	cen	•	anergy. The oridox	
	THURSDAY									
		Sausage/Egg/Cheese		Pint	o Bean	S				
		Burrito		Musta	rd Gre	ens				
	12/1	Fruit Cocktail		Whole	Potate	oes			Go-Gurt	
		Milk		Cor	nbread	ł				
				Milk				Α	llergy: Silk Yogurt	
		Allergy: No Egg/Cheese		Allergy: Gluten Roll						
	FRIDAY									
		French Toast Stix			ed Fish					
		T. Sausage		Steam					Mini	
	12/2	Applesauce			n Chee	se			Muffin	
		Milk			Roll					
					Milk			P	Allergy: His Snack	
		Allergy: Gluten Toast		Allergy:	No Ch	eese				

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SERVE DATES	Ages	1-2	3-5	Ages	1-2	3-5	Ag	ges	1-2 & 3-5
	ONE SERVING EACH			ONE SERVING EACH					TWO OF FOUR ONLY
	GRAIN/BREAD	1/2	1/2	MEAT/MEAT	1	11/2	GRAIN	BREAD	½ slice
	FRUTI/VEGETABLE/JUICE	Slice 2oz	Slice 4 oz	ALTERNATIVE FRUIT/VEGETABLE	Oz 1 oz	Oz 2 oz	MEAT, ALTERI		½ oz
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz	YOG		2 oz
				FRUIT/VEGETABLE	1 oz	2 oz	FRUIT/VE		½ cup
				GRAIN/BREAD	1/2	1/2			
					slice	slice			
				MILK	4 oz	6 oz	M	LK	4 oz
		BREAKFAST		L	UNCH				SNACK
	MONDAY					500			
				Chicken		-			
		Skillet Burrito			d Chee				Strawberry
	12/5	Pears		0.000	ackers				Chex Mix
		Milk			pples				
					Milk				Allergy: His Snack
				Allergy: No	Cheese	/Cracke	ers		
	TUESDAY								
					Quesac				
		Orange Muffin			nber Sa	alad			Jello Fruit
	12/6	T. Bacon			Corn				Cup
		Milk			Milk				
		Allergy: Breakfast Bar	Allergy	No Ch	eese				
1	WEDNESDAY								
					eatloaf				
		Baked Apples		Mashe		toes			Animal
	12/7	Cinn. Toast			Peas				Crackers
		Milk			Roll				
				J	Milk				Allergy: His Snack
		Allergy: Gluten Toast							
	THURSDAY			SARPERSON AND					
			2		Chicke				
	10 /0	Steak Biscuit			d Bear				Rice
	12/8	Tropical Fruit			to Sala	id			Cake
		Milk			Roll				Juice
		AU			Milk				A.II
	FDIDAY	Allergy: T. Sausage/Toas	ST	Allergy: J	ust Po	tatoes			Allergy: His Snack
	FRIDAY								
		Banana			f a Ron	11			
	12/0	Pop Tart			Corn		Damana		
	12/9	Yogurt			ears				Banana
		Milk			Roll				
		Allowers Cill V /=	.		Milk				
	d Dv:	Allergy: Silk Yogurt/Toas	Sί						

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Ages	1-2	3-5	Ages	1-2	3-5	Ag	ges	1-2 & 3-5	
ONE SERVING EACH			ONE SERVING EACH					TWO OF FOUR ONLY	
GRAIN/BREAD	½ Slice	½ Slice	MEAT/MEAT	1 Oz	11/2 Oz	GRAIN/	BREAD	½ slice	
FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz			½ oz	
MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz			2 oz	
			FRUIT/VEGETABLE	1 oz	2 oz	FRUIT/VE	GETABLE	½ cup	
			GRAIN/BREAD	20000	12000000				
			MILK			MI	II K	4 oz	
	BREAKFAST				0 02	1711	LIX	SNACK	
MONDAY									
1 Section of the property of t	Croissant		Chicke	n Sand	wich				
	Sausage/Egg/Cheese		Lettuc	e/Tom	ato			Oatmeal	
12/12	Apricots		Potat	o Wed	ges			Cookie	
	Milk		G	rapes					
	Allergy: No Cheese/Eg	g	Allergy:	Glute	n Bun			Allergy: His Snack	
TUESDAY			_						
					<b>(</b> 0)				
12/12						9		Fruit	
12/13					anana			Smoothie	
	IVIIIK		'	IVIIIK					
	Allergy: Gluten Bagel/Je	llv	Allergy:	: No Ch	eese		Allergy	y: Almond/Lactaid Milk	
VEDNESDAY		,						,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
			Bak	ed Har	n				
	Cereal		Gree	en Bear	าร			Apple Slices	
12/14	Banana		Sweet	Potat	oes			PB/Yogurt	
	Milk							Dip	
			1	Milk					
	Allergy: Almond Milk		***************************************				Aller	gy: Silk Yogurt/No PB	
THURSDAY									
	Pologna Pisquit							Granola	
12/15	(			-				Bar	
12/13	Juice							Dai	
			Allergy:		eese				
							,	Allergy: His Snack	
	Allergy: Gluten Toast								
FRIDAY	Allergy: Gluten Toast								
FRIDAY	Allergy: Gluten Toast								
	Allergy: Gluten Toast		1440	DIV C					
FRIDAY	Allergy: Gluten Toast  WORKDAY		wo	RKDA	Y			WORKDAY	
	ONE SERVING EACH GRAIN/BREAD FRUTI/VEGETABLE/JUICE MILK  MONDAY  12/12  TUESDAY  12/13	ONE SERVING EACH  GRAIN/BREAD  Slice  FRUTI/VEGETABLE/JUICE  MILK  4 OZ  MILK  4 OZ  BREAKFAST  MONDAY  Croissant Sausage/Egg/Cheese Apricots Milk  Allergy: No Cheese/Eg  TUESDAY  Pancake Blueberries SF Syrup Milk  Allergy: Gluten Bagel/Je  VEDNESDAY  12/14  Banana Milk  Allergy: Almond Milk  THURSDAY  Bologna Biscuit	ONE SERVING EACH  GRAIN/BREAD  Slice Slice Slice FRUTI/VEGETABLE/JUICE  MILK  4 OZ  6 OZ  MILK  4 OZ  6 OZ  BREAKFAST  MONDAY  Croissant Sausage/Egg/Cheese Apricots Milk  Allergy: No Cheese/Egg  TUESDAY  Pancake Blueberries SF Syrup Milk  Allergy: Gluten Bagel/Jelly  VEDNESDAY  Cereal Banana Milk  Allergy: Almond Milk  THURSDAY  Bologna Biscuit	ONE SERVING EACH  GRAIN/BREAD  GRAIN/BREAD  MILK  MILK  MILK  MILK  MILK  MONDAY  Croissant  Sausage/Egg/Cheese  12/12  Allergy: No Cheese/Egg  Allergy:  TUESDAY  Pancake Blueberries  12/13  Allergy: Gluten Bagel/Jelly  Allergy: Gluten Bagel/Jelly  Allergy: Almond Milk  THURSDAY  ONE SERVING  EACH  MEACH  MEAT/MEAT/MEAT  ALTERNATIVE  FRUIT/VEGETABLE  FRUIT/VEGETABLE  FRUIT/VEGETABLE  GRAIN/BREAD  MILK  BREAKFAST  Chicke  Sausage/Egg/Cheese  Lettuce  Apricots  Milk  GRAIN/BREAD  Allergy: No Cheese/Egg  Allergy:  Strawbe  Milk  Allergy: Gluten Bagel/Jelly  Allergy:  Allergy	ONE SERVING EACH  GRAIN/BREAD  GRAIN/BREAD  Slice  Slice  Slice  FRUTI/VEGETABLE/JUICE  AUTERNATIVE  OZ  FRUIT/VEGETABLE  MILK  4 OZ  GOZ  FRUIT/VEGETABLE  FRUIT/VEGETABLE  FRUIT/VEGETABLE  OZ  FRUI	ONE SERVING EACH	ONE SERVING EACH	ONE SERVING EACH	

Approved By:

I/T=Infant/Toddler Side

## New Kltuwah Menu 2022

<sup>\*=</sup>Recipe Provided

YELLOW= SLOW Foods, Eat Sometimes, Somewhat Health=higher in bad fats, sugar, and sodium: some nutrients

RED= Whoa foods, Eat only now and then, Not so Healthy= High in bad fats, sugar, and sodium: little or no nutrients

CEDVE	Ages	1-2	3-5	Ages	1-2	3-5	Λαος	1-2 &	2 5		
SERVE	Ages	1-2	3-3	Ages	1-2	3-3	Ages	1-2 Q	5-5		
DATES	ONE CED AND EACH		-	ONE CED UNG				TI4/0 05 50	LID CAULY		
	ONE SERVING EACH			ONE SERVING				TWO OF FO	UK ONLY		
	CDAIN/DDEAD	1/	1,	EACH		11/0	604111/00	545			
	GRAIN/BREAD	½ Slice	½ Slice	MEAT/MEAT ALTERNATIVE	1 Oz	11/2 Oz	GRAIN/BR	EAD ½ slic	ce		
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz	MEAT/ME	EAT ½ 0:	 Z		
			A 400000			14.1803#22.55	ALTERNAT		0		
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz	YOGUR				
				FRUIT/VEGETABLE	1 oz	2 oz	FRUIT/VEGE	TABLE ½ cu	р		
				GRAIN/BREAD	½ slice	½ slice					
				MILK	4 oz	6 oz	MILK	4 02			
		BREAKFAST			UNCH			SNACK			
	MONDAY										
	1/2	CLOSED		CL	.OSED			CLOSED			
	TUESDAY										
	TUESDAY	Peach		ш	otdogs						
		Muffin			Chili			Fudge			
	1/3	T. Bacon			ıit Cup			Fudge Round			
	-,-	Milk			Chips						
					Milk						
		Allergy; Gluten Bagel/Je	elly	Allergy:	Gluter	n Bun					
V	WEDNESDAY										
				Steak							
	710 <b>4</b> 0	Gravy		Garden		Rice		100 March 100 Ma			
	1/4	T. Sausage			Salsa			Butterscotch			
		Biscuit Milk		Manda		nges		Pudding			
			Gravar		Milk	0000					
	THURSDAY	Allergy: Gluten Toast/No	GIAVY	Allergy:	NO CI	-ese					
	JIJDA1	Ham/Egg/Cheese		Baker	d Chick	en					
		Wrap			i Toma			Apple			
	1/5	Tropical Fruit			bbage			Frudel			
		Milk			Roll						
				Milk							
		Allergy: No Egg/Chees	e								
	FRIDAY										
					ury Ste						
	Cinn Roll			Mashe							
	1/6	T. Bacon			n Bear	ıs		Donut			
		Milk			Roll Viilk						
				ا Allergy		21/1/					
				Allergy	. NO GI	avy		Donut			

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SERVE	Ages	1-2	3-5	Ages	1-2	3-5	Ag	ges	1-2 & 3-5	
DATES										
	ONE SERVING EACH			ONE SERVING					TWO OF FOUR ONLY	
				EACH						
	GRAIN/BREAD	½ Slice	½ Slice	MEAT/MEAT ALTERNATIVE	1 Oz	11/2 Oz	GRAIN,	BREAD	½ slice	
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz	MEAT	/MEAT	½ OZ	
							ALTERI	NATIVE		
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE	1 oz	2 oz	YOG		2 oz	
				FRUIT/VEGETABLE GRAIN/BREAD	1 oz	2 oz	FRUIT/VE	GETABLE	½ cup	
					slice	slice				
				MILK	4 oz	6 oz	MI	LK	4 oz	
	MACNIDAY	BREAKFAST		L	UNCH				SNACK	
	MONDAY	Grits		Poof 7	ips/Gr	2107				
		Scrambled Eggs			Rice	avy				
	1/9	Apricots		1	occoli				Nutri-Grain	
		Milk		Pin	eapple	pple			Bar	
					Milk					
	THECDAY	Allergy: T. Sausage		Allergy	: No G	ravy				
	TUESDAY	Fruit/Yogurt		Grilled Chi	cken Sa	ndwich				
		Parfait			e/Toma					
	1/10	Granola			tor Tots				Danish	
		Milk			irapes Milk					
	WEDNESDAY	Allergy: Silk Yogurt							Allergy: His Snack	
	WEDNESDAT			la	sagna					
		Scone			ned Co	rn				
	1/11	T. Bacon		S	Salad				Blueberries	
		Milk			ic Brea	d			Grapes	
		Alleron Bearl/Jella			Milk	Cl	Dell			
	THURSDAY	Allergy: Bagel/Jelly		Allergy: No Ch	ieese/	Juten	KOII			
				Veget	able Sc	up				
		Ham Biscuit		_	se Toa	-			Banana	
	11/12	Pears			ackers				Surprise	
		Milk		0.10	le Slice	S				
		Allergy: Breakfast Bar		Allergy: No (	Milk Shaasa	/Cracks	arc		Allergy: Silk Yogurt	
	FRIDAY	Aneigy, Diedkidst Ddi		Allergy: NO	.iieese,	CIACKE	113	×4	Allergy, Slik Togurt	
				Ві	urrito					
		Sunshine Muffin		Nachos						
	1/13	T. Sausage		1.7	ish Ric	e			Brownies	
		Milk			anges					
		Allergy: Gluten Toast /Jell	y	ا Allergy: Beef	Milk And Be	an Bur	rito		llergy: His Brownie	
	I D	===	2	/ incigy, beer		un Dui			mergy, mis brownie	

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SERVE	Ages	1-2	3-5	Ages	1-2	3-5	Age	es	1-2 & 3-5	
DATES										
	ONE SERVING EACH			ONE SERVING					TWO OF FOUR ONLY	
	CDAIN/DDEAD	1/	1/	EACH	1	11/2	CDAIN!	DDEAD	17 - 12	
	GRAIN/BREAD	½ Slice	½ Slice	MEAT/MEAT ALTERNATIVE	1 Oz	11/2 Oz	GRAIN/	BREAD	½ SIICE	
	FRUTI/VEGETABLE/JUICE	2oz	4 oz	FRUIT/VEGETABLE	1 oz	2 oz	MEAT/	MEAT	½ oz	
	, , ,					_	ALTERN			
	MILK	4 OZ	6 OZ	FRUIT/VEGETABLE FRUIT/VEGETABLE	1 oz 1 oz	2 oz 2 oz	YOGI FRUIT/VE			
				GRAIN/BREAD	1/2	1/2	TROTT/VE	SLIABLE	/2 cup	
					slice	slice				
				MILK	4 oz	6 oz	MII	_K		
	MONDAY	BREAKFAST		L	UNCH				SNACK	
	MONDAY	Oatmeal		Cornd	og Nug	ants				
		Toast			d Vegg				Wafer	
	1/16	Raisins			ole Slice					
		Milk			Milk					
								-		
	TUESDAY	Allergy: Gluten Toast		Allerg	gy: Hote	dog		Al	lergy: Gluten Cookie	
	TOLSDAT			Nav	/y Bear	ıs				
		Boiled Egg			ard Gre				Grapes	
	1/17	PB+J Sandwich		Whole	e Potat	oes			Cracker	
		Milk		312504163	rnbread	t				
					Milk					
		Allergy: Yolk only/Glute	n	A.U		. Dall			Allawayy His Cyankay	
	WEDNESDAY	Bread/Jelly		Allergy	Giutei	i Koli			Allergy: HIS Cracker	
	WEDINESDAT	Waffles		Chicke	en Alfre	edo				
		Strawberries		Ві	roccoli				Applesauce	
	1/18	SF Syrup		Strawbe	rries/N	lango			Cake	
		Milk			Milk					
		Allergy: Silk Yogurt		Allergy	/: No Sa	nuce		All	ergy: Gluten Brownie	
	THURSDAY									
				Black Bea						
	1/10	Peach Muffin			nish Ric	e				
	1/19	T. Bacon			Salsa				Tart	
		Milk		Pineapple Rings Milk						
		Allergy: Breakfast Bar		Allergy		eese			Allergy: His Cracker	
	FRIDAY	0,						•	O process	
			Ham/Cheese Wrap							
	Breakfast Pizza			Cucumber		t Sticks			½ slice ½ oz 2 oz ½ cup  4 oz SNACK  Wafer Juice  Grapes Cracker  Allergy: His Cracker	
	1/20	Pears			lanch				Snack Mix	
		Milk			uit Cup					
		Allergy: Gluten Pizza		Allergy: No	Milk Chees	e/Ranc	h		Allergy: Fruit Spack	
		Anergy. Gluten Pizza		Alleigy. NO	211003	c, nanc			anergy, Fruit Stiack	

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